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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| `Category | **HISTORY** | **SPECIALIST/**  **HOSP** | **SPECIALIST/**  **HOSP** | **SPECIALIST/**  **HOSP** | **SPECIALIST/**  **HOSP** | **LABS** | **LABS/**  **OTHER** | **SCANS, THERAPIES,**  **RELEASES, LEGAL: HCPOA** |
| Note-  Book # | 1 | 1 | 1 | 2 | 2 | 2 | 3 | 3 |
| 1 | **ALLERGENS,**  **DIAGNOSTICS,**  **HISTORY** | **Dr. \_\_\_\_\_\_\_**  **M.D.**  **Neurology** |  |  |  | **Lab Corp** | **Mayo** | **Audiology** |
| 2 | **Annuals** | **Dr. \_\_\_\_\_\_\_**  **D.O.**  **Neurosurg** |  |  |  |  |  | **Cardiology** |
| 3 | **Sick & Recheck** | **Dr. \_\_\_\_\_\_\_**  **M.D.**  **Pediatrician** |  |  |  |  |  | **Ophthalmology** |
| 4 | **Immunizations** | **Dr. \_\_\_\_\_\_**  **M.D., MPH** |  |  |  |  |  | **Occupational**  **Therapy** |
| 5 | **Parental Notes** | **\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Children’s Hosp.** |  |  |  |  |  | **Speech Therapy** |
| 6 | **Vitamins, Minerals**  **& Medications** |  |  |  |  |  |  | **Physical Therapy** |
| 7 | **Head Circumference** |  |  |  |  |  |  | **X-rays** |
| 8 | **Specialists List** |  |  |  |  |  |  | **Electro-**  **Encephalogram** |
| 9 | **Illness Charting** |  |  |  |  |  |  | **POA** |
| 10 | **Pharmaceutical Data** |  |  |  |  |  |  | **Health Dept.** |

Notebooks, and columns, easily increase in number if you add as needed, rather than putting categories and fields in alphabetical order

Each category, as well as each field, is changeable.

Putting the most recent paperwork in the front of each section, right after the tab for that section, allows finding what is typically requested at

appointments by simply flipping that particular tab, as opposed to flipping the appropriate tab, and then all the pages. When you have moments

only with any medical personnel speed is of the essence.

Having printed material allows you to have the answers at your fingertips, and permits system failure to not affect your appointment outcome.